

Martial arts activity badge



To earn this badge you need to:

- Take part in a regular martial arts activity that's recognised by your Sports England for at least six months. Show how you've improved by at least one level over that period.
- Take part in a competition or demonstration and talk about your performance with an instructor.

Ask your instructor/coach to fill out the short checklist below to certify that you have met the requirements for the badge. We will ask you to tell the other Scouts a little bit about the activity when you get the badge.

To the instructor/coach - please can you fill in the following short checklist for your student and sign to say they have completed the requirements of this Scout badge. With thanks, $1^{\rm st}$ Hensingham Scouts.	
Name of Scout:	_
has participated regularly in	_ (name of martial art)
This martial art is recognised by Sports England (or one of the other National Sports Cou	ncils) YES / NO
He/she has regularly taken part in martial arts activities for at least 6 months	YES/NO
He/she has improved by at least one level over that period	YES / NO
He/she has taken part in a competition or demonstration	YES/NO
Please feel free to add information below about any awards or achievements gained (not obligatory)	
Signature of instructor	Date