

1st Hensingham Scout Group General Camping Kit List



This is a general kit list for camping and overnight events, you may require additional or different equipment depending on the time of year, activities planned, and length and location of the camp!

Please note: NO responsibility can be taken for personal effects, equipment or clothing; the Scout Association DOES NOT provide automatic insurance cover for such items.

Some of our top tips for packing for camp:

- Remember your waterproofs! (Hard-shell style, please; padded, shower resistant jackets aren't up to the job – a basic jacket will do, it doesn't have to be expensive Gortex).
- Waterproof walking boots are highly recommended (strong shoes are acceptable but your feet are more likely to get wet and cold, wellies will keep the water out but offer no ankle protection and can be cold).
- Lots of thin layers (thermals, t-shirt, microfleece, fleece jacket etc.) are better than one thick layer.
- Don't bring jeans (they soak up water, dry slowly making you very cold, and chafe when wet).
- Polyester/thermal t-shirts/sweat wicking sports tops are better than cotton for cold weather camping.
- Don't forget something to keep your head and hands warm (even in summer).
- Don't bring your best clothes to camp – they'll get wet, muddy and possibly even acquire the odd hole from embers and sharp bits of wood!
- Sleeping bags and torches should be packed so they are easily accessible!
- You will need at a minimum of a 3-season sleeping bag and a 4-season is recommended. "Mummy" style bags with hoods will keep you warmer, and a liner can make it more comfortable and make it easier to clean when you get home.
- For winter camping you should bring **two** sleeping bags (use one inside the other). If you think your sleeping bag is good enough on its own then please discuss it with a leader!
- When you're not on camp store your sleeping bags loosely packed in old pillow cases (keeping them tightly packed in their compression bags reduces their warmth).
- A roll matt is one the most important pieces of equipment – buy a thick foam one. Please do **NOT** bring airbeds or self-inflating mats – if they pop, leak, or aren't inflated properly you will end up very cold.
- You should pack your own kit so you know what it looks like, and where to find it in your bag!
- Pack you kit into a holdall or rucksack. A holdall is best as it's easier to rummage in, suitcases are bad (they make holes in tents and wheels don't work in mud). If you need to bring two bags, then bring two bags (or more).
- Do **NOT** bring your kit/sleeping bag in just a bin liner (it will split and then things get wet & muddy). ("Bag for life" shopping bags aren't appropriate either!)
- Please do **NOT** tie your bags together or tie things onto the outside of your bags – it makes them harder to pack for transport and the knots are always really hard to untie!
- Put your name in your clothes so we know who to give the lost property back to!
- Pack empty plastic bags to keep wet & dirty kit separate from clean and dry kit.
- If you have any questions about kit – please ask us for advice (we want you to be warm and dry)!

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Kit List



Please ensure all kit is clearly labelled with your son/daughter's name and is packed in a rucksack or hold-all – *no suitcases and no bin bags please!* Scouts should pack their own bags in order that they know where things are.

Please note that no responsibility can be taken for personal effects, equipment or clothing; the Scout Association DOES NOT provide automatic insurance cover for such items. (So please don't bring your best clothes!)

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|---|--|
| <input type="checkbox"/> Uniform shirt/jumper & Group necker (wear to camp) | <input type="checkbox"/> Torch (and spare batteries; no wind-up torches) |
| <input type="checkbox"/> Waterproof jacket/cagoule (hard-shell, please) | <input type="checkbox"/> Small rucksack/day bag |
| <input type="checkbox"/> Waterproof trousers | <input type="checkbox"/> Drinks bottle |
| <input type="checkbox"/> Walking boots and thick socks | <input type="checkbox"/> Permission to camp form |
| <input type="checkbox"/> Warm hat | <input type="checkbox"/> Personal medicines (<i>labelled with name & instructions for administration</i> and handed in) |
| <input type="checkbox"/> Gloves (preferably water resistant) | <input type="checkbox"/> Suncream |
| <input type="checkbox"/> Cap/sun hat (also good for keeping the rain off!) | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Sleeping bag (3-4 season recommended) | <input type="checkbox"/> Midge net (for summer camping, optional) |
| <input type="checkbox"/> Sleeping bag liner (optional) | <input type="checkbox"/> Tissues/handkerchiefs |
| <input type="checkbox"/> Sleeping mat (NO camp beds or air beds, please) | |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Pocket money |
| <input type="checkbox"/> Blanket(s) | <input type="checkbox"/> Pen knife (Scouts only, depending on the camp) |
| <input type="checkbox"/> Pyjamas | <input type="checkbox"/> Book / deck of cards / small quiet game (optional) |
| <input type="checkbox"/> Several spare pairs of socks* | <input type="checkbox"/> Camera (optional, but nothing expensive, please) |
| <input type="checkbox"/> Several spare sets of underwear* | <input type="checkbox"/> Teddy (recommended for Beavers & Cubs) |
| <input type="checkbox"/> Spare casual T-shirts/polo shirts* | <input type="checkbox"/> Spare plastic bags to separate clean and dirty kit |
| <input type="checkbox"/> Long sleeved shirt/t-shirt | |
| <input type="checkbox"/> Spare jumpers/sweatshirts/fleeces* | For water activities: |
| <input type="checkbox"/> Spare trousers* (NO jeans please) | <input type="checkbox"/> Old clothes or wetsuit |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Old trainers or wetsuit boots/shoes |
| <input type="checkbox"/> Thermal base layer(s) | <input type="checkbox"/> Waterproof/windproof jacket (extra to above) |
| <input type="checkbox"/> Swimming costume & T-shirt | |
| <input type="checkbox"/> Spare pair of shoes/trainers | For hiking (terrain 1 & 2): |
| * You should bring enough clothes for 1 complete change per day, plus one spare. More if you tend to get wet & muddy quickly! | <input type="checkbox"/> Walking boots (should be worn with two pairs of socks) |
| <input type="checkbox"/> Personal wash kit (NO spray-on deodorant) | <input type="checkbox"/> Waterproof/windproof jacket |
| <input type="checkbox"/> Towel(s) | <input type="checkbox"/> Waterproof trousers |
| | <input type="checkbox"/> Water bottle (at least 500 mL) |
| | <input type="checkbox"/> Rucksack |
| | <input type="checkbox"/> Gaiters (optional) |

The following items should NOT be brought to camp and will be confiscated if found:

- Mobile phones, personal music/media players, computer games or any other electronic gadgetry
- Matches, lighters, etc.
- Snacks, fizzy drinks, crisps, sweets etc.
- Spray-on deodorant (stick/roll-on is OK)

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Registered Charity Number 520612

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